

Work-related stress



43%

of employees experience a low level of autonomy.



36%

of employees experience high job demands.

!!?

23%

!#@

of employees experience workplace harassment by clients, patients, students, or other external parties.



42%

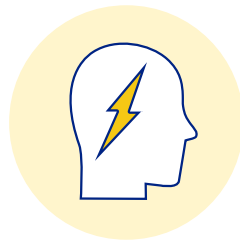
of all employees think measures are needed to combat work-related stress.

1,3 million

employees in the Netherlands suffer from burn-out complaints. This amounts to 17%.

37%

of employees report work-related stress as the reason for their absenteeism.



In 2021, workers were absent for a total of **11 million days** due to work-related stress.

In 2020, workers were absent for a total of **9.4 million days**.



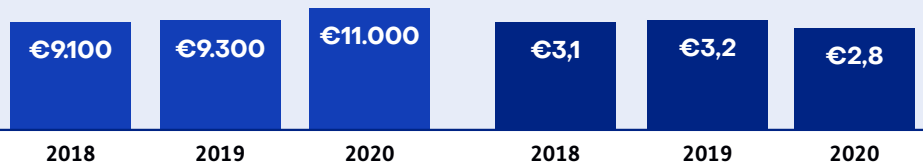
€11.000

costs per employee for absenteeism due to work-related stress in 2020.



€2,8 billion

Total costs for employers as a result of absenteeism due to work-related stress in 2020.



40%

of employers consider work overload a major occupational risk.

To reduce psychosocial occupational risks:



48%

of employers gave employees more autonomy.



34%

of employers established a point of contact for employees.



33%

of employers changed how the work is organized